



LESSON M · MEDICATIONS · REFERENCE CARD

PEP EMERGENCY CARD

PEP can stop HIV after a possible exposure. Start within 72 hours — sooner is better.

THE 72-HOUR PROTOCOL — SOONER IS BETTER

0-2 HR

BEST
Go now

2-24 HR

HIGHLY EFFECTIVE
Go now

24-72 HR

CLOSING
Still go

72+ HR

WINDOW PASSED
Still get tested and ask a clinician about next steps

WHAT TO KNOW

- **Any emergency room can and should provide PEP.** Say: “I had a possible HIV exposure in the last 72 hours. I need PEP.”
- **It’s a 28-day course — finish every pill.** The clinic will schedule follow-up HIV testing after the course.
- Find PEP near you: locator.hiv.gov. Houston: **Ben Taub Hospital ER** (open 24/7) · **Legacy Community Health** (daytime).

MY ER PLAN — FILL IT NOW, NOT IN A CRISIS

ER name: _____

Address: _____

How I get there: _____

Who I’d call to come with me: _____

Daytime backup (clinic): _____

Say it out loud: “It’s Saturday 11 p.m. I go to _____.”

CUT OUT — KEEP ONE IN YOUR WALLET, ONE BY YOUR KEYS

PEP · 72 HOURS

POSSIBLE HIV EXPOSURE? GO NOW.

Go to **any ER**. Say: “Possible HIV exposure — I need PEP.”

28 days. Finish every pill.

My ER: _____

locator.hiv.gov · theharnessproject.org

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